



Your Experience. Your Pace. Your Therapist.

REFERRAL FORM

Page 1 of 1 · No cover sheet required

1. PATIENT INFORMATION

Name _____ Date of birth _____

Phone _____ Alternate phone _____ Email _____

Patient consents to contact by ☐ Phone ☐ Text ☐ Email *Text is often the fastest way to reach someone.*

2. REASON FOR REFERRAL

- | | | |
|---|--|---|
| ☐ Anxiety | ☐ Depression / low mood | ☐ Trauma & PTSD |
| ☐ ADHD / ADD assessment | ☐ Child & youth | ☐ Parenting & family |
| ☐ Perinatal & postpartum | ☐ Grief & loss | ☐ Relationship / couples |
| ☐ Stress & burnout | ☐ Sleep concerns | ☐ Chronic illness / pain |
| ☐ Other (note below) | | |

Relevant clinical notes _____

Third-party claim *if applicable — these sources may fund treatment directly*

☐ Motor vehicle accident (Section B) ☐ WCB ☐ Disability (STD / LTD)

Claim or policy no. _____ Adjuster / case manager _____

3. PATIENT PREFERENCES (OPTIONAL)

Language preference _____ *Multilingual clinicians available*

Other preferences or notes _____

This clinic is not a crisis service. For emergencies, direct patient to 911 or 988.

4. REFERRING PROVIDER

Please print or stamp

Name _____ PRAC ID _____ Clinic _____

Phone _____ Signature _____

☐ Fax confirmation of intake back to our office (with patient consent)

Many extended health plans require a signed provider recommendation to reimburse psychological services.

5. PATIENT CONSENT TO RELEASE INFORMATION

I consent to my referring provider sending this form, and the personal and health information it contains, to Brintnell Counselling & Psychology by fax for the purpose of arranging an appointment. I understand I may withdraw this consent at any time, and that a referral is not required for me to book an appointment on my own.

Patient / guardian signature _____ Date _____

FOR THE REFERRING OFFICE

We contact the patient directly to book — no further action needed.
Please ensure the patient is aware of this referral.
Psychological services are not covered by Alberta Health.
Most extended health plans cover them; direct billing available.
Ages 6+. Intake contact within 2 business days.

FOR THE PATIENT

A referral is not required to book an appointment, though some benefit plans request one for reimbursement.
Call 780-898-2559 or book at brintnellpsychology.com
In person in Cy Becker, or virtual across Alberta.

4158 167 Avenue NW, Edmonton, AB · Phone & fax: 780-898-2559 · info@brintnell-psychology.com

CONFIDENTIALITY NOTICE: This transmission is intended only for the named recipient and may contain confidential health information. If you have received this fax in error, please notify us immediately by telephone and destroy all copies. Services are provided by regulated mental health professionals. Please confirm patient consent has been obtained before transmitting this form.